



## Occupational Safety, Health & Environmental Services



### **Sajjad Ahmad** (Lead Trainer & Consultant - OSHES)

#### **PROFESSIONAL ABILITIES**

Mr. Sajjad has been working for OSHES (Occupational Safety, Health & Environmental Services) as “Lead Trainer & Consultant” since Sep 2017. He has conducted QHSSE audits, trainings, seminars, incident investigations, risk assessments in Pakistan and abroad for several oil and gas service companies, Power Plants, chemical, FMCGs, and various other industrial sectors. He has been regarded as an excellent trainer & auditor by clients. He is able to work in multi-cultural environment with a cooperative and team work oriented approach and is believer of always producing good results. He is very a competent trainer and auditor for HSSE. He has conducted more than 1,400 training programs and almost 600 audits, incident investigations, assessments and inspections for various clients.

Mr. Sajjad has very pleasant personality and is well liked by clients those he has worked with on the behalf of OSHES.

#### **PROFESSIONAL CARRIER**

- ☐ He has over 16 years’ work experience in and out of Pakistan.
- ☐ Currently working for OSHES as Lead Trainer & Consultant. ( 16.09.17 to Date)
- ☐ Worked as HSE Auditor at Countrywide Huawei Site Audits Project through TUV Rh.  
Audited 99 sites in various cities of Pakistan (29.06.16 – 15.09.17)
- ☐ He has worked as HSEQ Manager for TNB Remaco Pakistan. (14.01.2015 – 28.06.2016)
- ☐ Worked internationally and domestically with OSALP International as Sr. Consultant & Trainer. (02.12.2009 – 12.01.2015)

#### **PROFESSIONAL ACHIEVEMENTS**

- He has lead more than 1,400 training programs and 600 audits, inspections, risk assessments and incident investigations.
- Approved trainer of United Nations Organization (UNO) & ZDHC for Climate Action.
- Member of Advisory Board to Dept. of Environmental Sciences at University of Lahore
- Approved trainer of SGS Pakistan
- Approved HABC UK trainer for 17 HSE trainings.
- Approved HSE Auditor & Trainer of TUV Rheinland



## Occupational Safety, Health & Environmental Services

- IOGP auditors have regarded him the worlds' best and most compliant DDC Trainer.
- Registered With The Ministry of Manpower Oman, As Certified Trainer
- Approved National Trainer & Consultant of NPO Govt. Of Pakistan.
- Certified & Authorized First Aid CPR Trainer From Medic First Aid USA
- He is pioneer in launching rescue trainings in the corporate sector of Pakistan.
- He is master trainer for many HSE training programs

### Consultancy Services

- Conducted more than 600 audits and inspections
- Worked at third party consultant for various clients
- Expert in HSE Bridging/Interface
- Implemented complete ISO 14001 and 45001 at many organizations
- Implanted DuPont PSM
- Conducted Fleet Management Audits, route security assessments to ensure security of the clients and redesigned secure routes for them
- Lead Route Security Assessment, Spill Response Plan, Crisis Management Plans, Waste Management plans, and Emergency Response Plans for various clients
- Conducted many times HAZID, risk assessment, JSA/JHA and various other HSE assessments
- Conducted emergency response, emergency evacuation and firefighting drills
- Introduced Integrated Management System to many clients
- Supervised various HSE projects including chemical warehouses and textiles
- Lead many investigation projects
- Expert in GHG Accounting and offsetting

### EDUCATIONAL ACHIEVEMENTS & COURSES

- **M.Sc. Environmental Sciences**
  - **M.Phil. Environmental Sciences (in progress)**
- 1) Defensive Driving Course from National Safety Council USA
  - 2) Train The Trainer Course on Defensive Driving
  - 3) Level 3 Train The Trainer in First Aid & Workplace from HABC UK
  - 4) Train The Trainer Course on Chemical Management
  - 5) Train The Trainer Course on Chemical Reuse, Recycle & Recovery in Textiles
  - 6) Train The Trainer Course on Climate Action
  - 7) Level 3 Train The Trainer in First Aid Work from AOSH UK
  - 8) Train The Trainer Medic First Aid (IHSE Council)



## **Occupational Safety, Health & Environmental Services**

- 9) UK based Train The Trainer Course (International Award In Delivering Training – HABC-UK)
- 10) Level 4 Scaffolding Safety from HABC UK
- 11) Train The Trainer Course on OHS
- 12) NEBOSH International General Certificate
- 13) NEBOSH Award In Health & Safety At Work
- 14) IOSH Managing Safely
- 15) OSHA 30 hours General Safety
- 16) OSHA 30 hours Construction Safety
- 17) Advance Rigging & Lifting Safety
- 18) IADC Rig Pass Course
- 19) Lead Auditors' Course – BS OHSAS 18001
- 20) Lead Auditors' Course - BS 18001 Transition to ISO 45001
- 21) Lead Auditors' Course - EMS ISO 14001
- 22) Lead Auditors' Course - QMS ISO 9001
- 23) ISO 50001:2011; Energy Management System EnMS (SGS)
- 24) ISO 14000 Awareness Course
- 25) Incident Investigation and Reporting
- 26) Green Productivity & Integrated Management System (Asian Productivity Organization, Japan)
- 27) Environment Management System ISO 14001 & Green Productivity (Asian Productivity Organization, Japan)
- 28) Occupational Health & Safety Management System (Asian Productivity Organization, Japan)
- 29) BLS (Basic Life Support) from American Heart Association (AHA)
- 30) Process Safety Management Course (University Of Engineering & Technology LHR)
- 31) Process Safety Management Course (Oil & Gas Safety Council UK)
- 32) NFPA 1700 Structural Firefighting Training (On going)
- 33) Work At Height & Rescue Training (Capital Safety – UK)
- 34) Industrial Hygiene Course
- 35) COSHH assessor and manager certifications
- 36) Essentials of EHS Training (OSALP Intl.)
- 37) Environmental Compliance In Textile Industries Course (SMEDA)
- 38) Food Protection course from SCCPHP
- 39) CIEH UK certified trainer for Food Safety
- 40) BESAFE Course from UNDSS
- 41) Preparing & Responding to Active Shoot Incidents Course from UNDSS



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### TRAINING ABILITIES

He has conducted trainings on more than 50 different HSSE related topics in and out of Pakistan and has trained more than 26,000 individuals. A few topics are enlisted as follows;

- TTT in Defensive Driving
- TTT in First Aid Training With CPR
- Evasive Driving and Anti Surveillance Course
- TTT in Chemical Handling, Safety & Transportation Management Course
- TTT in Climate Action Training
- TTT in Ergonomics & Manual Handling
- TTT in Fire Fighting & Drills
- Accident Investigation And Reporting
- Internal Auditing
- Behavior Based Safety (BBS)
- Advance Risk Management
- Crane & Rigging Safety
- Crisis Management Training
- Hazardous Jobs (Hot Works, PTW, Electrical Safety, LOTO Etc.)
- Environment Management
- Construction Safety Management
- Health & Safety at Workplace
- Compressed Gas Cylinder Safety
- QHSE Management Training
- EHS Project Management
- Industrial Safety
- Forklift Driving Safety
- Food Safety and Personal Hygiene
- Working at Height & Rescue Training
- Spill Response Management
- Industrial Ergonomics & Injury Prevention
- Success Through Positive Mental Attitude (PMA)
- Confined Space Entry & Rescue
- Environment Management & Emission Control
- Essentials of EHS Training (Set Of 13 Trainings)
- Hazardous & Non Hazardous Waste Management
- Water Use and Discharge Management
- Scaffolding and Ladder Safety Course
- Hazard Identification Training
- H2S Safety Course
- Security Management and Anti-Terrorism Awareness
- Process Safety Management